



University of Kentucky Junior MANRRS Leadership Institute Student Contests

Introduction

Since its inception, Junior MANRRS has emphasized the importance of the need for strong, effective communication skills. Junior MANRRS has coupled this with an equal commitment to help students learn how to process research information as a necessary component to professional and academic excellence. Through the leadership institute, Junior MANRRS provides its members with opportunities to develop, refine and express their skills via networking activities and contests.

Contest Benefits to Participants

- Improved ability to read, understand, and handle academic and research information.
- Improved levels of confidence in discussing information in public places with peers.
- Improved diction, word power, enunciation, critical thinking, and articulation skills.
- Improved ability to speak succinctly, conveying ideas effectively.
- Improved ability to engage in the discussion of important information.
- Development of important social/business skills -- communication courtesies, taking turns in conversation, disagreeing without being disagreeable, questioning, and probing the thoughts of others effectively.

Applications Deadline

All Junior MANRRS contestants must submit their application package **for the appropriate contest by 11:59 pm Eastern Time** on November 15, 2022.

Submission

All entries must be submitted electronically at
https://uky.az1.qualtrics.com/jfe/form/SV_cCTeyHDA5uetjee

Entries submitted to the wrong contest or division will be disqualified. Please read contest instructions carefully. If you have any questions, please contact the program coordinator for JuniorMANRRS prior to the contest deadline.

[Deadline for all Junior MANRRS Contests is November 15, 2022](#)



Mock Interview Contest

What is a Mock Interview Contest?

The Mock Job Interview Contest is a Public Speaking contest that gives Junior MANRRS members an opportunity to practice the real-life skill of applying for a job. The contest involves a set of fictional Job Descriptions for Junior MANRRS members to choose from as they go through the process of applying for a job. Members can outline their leadership and involvement. To enter the Mock Job Interview, contest the member must:

- Pick one of the four **JOB DESCRIPTIONS** for a job the member feels qualified for and interested in from the list below.
- Develop a **RESUME** of their real-life education and experiences that they feel make them a good candidate for that job selected. Bring this resume with you to the mock job interview.
- Prepare for the **INTERVIEW**.
- Participate in the **FACE TO FACE INTERVIEW**, (resume & business professional attire required).

Categories:

- 14-15 age
- 16-18 age

Eligibility:

Any 14-18-year old, Junior MANRRS member may participate in the Mock Job Interview Contest. Register for the contest by November 15, 2022. Only one participant from each age category will place 1st and be awarded \$75.00 each.

Job Descriptions:

- Vet Technician
- Coffee Bar Attendant
- Photographer Retail
- Sales Associate

Position: Vet Technician

Position Overview

The Charles E. Barnhart Veterinarian Clinic is seeking a vet technician for their office. Duties would include taking care of overnight animal patients, assisting the veterinarian, checking in animals and updating records. Other duties would include assistance with billing and payments. Technician would also be responsible for communicating to the pet owners about special opportunities or vaccination drives.

Essential Job Functions

- Take care of animal patients
- Assist the veterinarian
- Update animal records with weight, addresses, etc.
- Assist with billing and payments
- Communicate with owners about vaccination drives and special opportunities

Necessary Skills

- Disease Prevention
- Problem Solving
- Communications
- Keeping Records
- Concern for Others

Position: Coffee Bar Attendant

Position Overview

Goodbarn Café is seeking a motivated and friendly individual to work the coffee bar. No previous food service experience is necessary. Position's duties would include brewing and preparing coffee drinks for customers, and serving breakfast food. Friendly and helpful service is a must. Attendant would also assist in making signs for coffee specials. Attendant would assist in the inventory and ordering of products.

Essential Job Functions

- Brewing and making coffee drinks
- Serving breakfast food
- Providing excellent customer service
- Assisting in making signs and displays
- Assisting in inventory and ordering

Necessary Skills

- Teamwork
- Social Skills
- Problem Solving
- Self-Responsibility
- Keeping Records

Position: Photographer

Position Overview

New Vision Photography provides excellent service to cover some of life's special moments. This position of photographer would cover general photography, birthdays, and sports photos. Training will be provided to a novice photographer. Duties would include setting appointments, shooting photo shots, and assisting in the photo shop. These would generally include assisting customers with package deals, showing proofs, deciding photo backgrounds and payment or orders. Special projects will be assigned by manager.

Essential Job Functions

- Set up appointments with customers
- Assist customers in selecting backdrops for photos
- Take photos (general, sports, and birthdays)
- Assist customers with proofs
- Work with customers on package deals and payment

Necessary Skills

- Self-Responsibility
- Problem Solving
- Social Skills
- Team Player
- Planning and Organizing

Position: Retail Sales Associate

Position Overview

Gluck Retail Store is seeking a motivated and friendly individual to assist customers with purchases. No previous experience is necessary. Position's duties would include assisting customers on the floor, restocking inventory, and operating the cash register. Friendly and helpful service is mandatory.

Essential Job Functions

- Providing excellent customer service
- Assisting with displays
- Assisting in inventory

Necessary Skills

- Teamwork
- Social Skills
- Problem Solving
- Self-Responsibility
- Computer skills

Mock Interview Rubric

Participant Name: _____

County/State: _____ Age: _____

Please circle the response that most closely represents your feelings about each component of the interview.

1= the lowest score, strongly disagree, or low understanding

3= neutral, mediocre, or just ok

5=the highest score, strongly agree, or high understanding

Notes:

Introduction	1	2	3	4	5
Eye contact	1	2	3	4	5
Hand Shake	1	2	3	4	5
Confidence	1	2	3	4	5
Appearance	1	2	3	4	5
Gestures	1	2	3	4	5
Voice Level	1	2	3	4	5
Posture	1	2	3	4	5
Discussed Strengths	1	2	3	4	5
Discussed Growth	1	2	3	4	5
Enthusiasm	1	2	3	4	5
Grammar	1	2	3	4	5
Vocabulary	1	2	3	4	5
Enunciation	1	2	3	4	5
Knowledge of Position	1	2	3	4	5
Organized Answers	1	2	3	4	5
Persuasiveness	1	2	3	4	5
Experience	1	2	3	4	5
Closing	1	2	3	4	5
Resume	1	2	3	4	5

Total points: _____

Average Total points: _____

Judge Signature _____

Sample Interview Questions

Tell me about yourself?

What are your strengths?

What are your weaknesses?

Why Are You Interested in Working for Our Company?

How has school Prepared You for Working at Our Company?

Why Should We Hire You?

What Do You Think It Takes to be Successful in This Position?

How Would You Describe Your Ability to Work as a Team Member?

What Has Been Your Most Rewarding Accomplishment?

Tell me about a Major Problem You Recently Handled.

Are you involved in any extracurricular activities?

Written Essay Contest

What is a written essay Contest?

The Written Essay Contest is a contest that provides the opportunity for high school and middle school students to gain experiences in expressing themselves through writing. To enter the Essay Writing Contest, the member must:

- Be in middle school or high school.
- Attend the in-person conference.
- Have a 2-page minimum and/or 3-page maximum paper.
- Have the conference theme highlighted throughout the paper.

Eligibility:

Any 12–18-year-old student may participate in the Essay Writing Contest. Register for the contest by November 15, 2022. The essays will be judged, and the winners will be selected prior to the institute. Three winners will be selected and will place 1st and will be awarded \$75, 2nd will be awarded \$50, & 3rd will be awarded \$25.

Application Procedures:

All entries must be RECEIVED by 11:59 PM EST on November 15, 2022. Online electronic submission is required. Detailed application procedures are attached. All entries must be submitted as instructed on the attached page. Participants will be notified via email upon receipt of their submission.

Essay Topic: “Cultivate, Collaborate, & Motivate: Igniting Change in Agriculture, Natural Resources, and Related Sciences

Instructions for Preparation of Essays:

- Develop a clear, concise, and well-thought-out essay. All essays shall be written on the following topic: Cultivate, Collaborate, & Motivate: Igniting Change in Agriculture, Natural Resources, and Related Sciences
- Essays should be typewritten with one-inch margins and saved in Microsoft Word file. Essays must be RECEIVED by 11:59 PM EST **November 15, 2022.**
- Submit the Contest Submission Form for electronic submissions

Submission Link – https://uky.az1.qualtrics.com/jfe/form/SV_cCTeyHDA5uetjee

- To assure anonymity in reviewing, repeat only the title at the top of the first page. Number the pages of the essay. The body of the essay is limited to three (3) typewritten, double-spaced pages. The title page (cover sheet) and the references or endnotes pages are not included as one of the pages.
- Appropriate documentation must appear in the text citing ideas and statements, which are not the authors. Use one of the manuals below and indicate in the reference section which manual was used.

- A minimum of three references should be used.
- Essay format must conform to the American Psychological Association (APA) writing style. For more information, please consult the Publication Manual of the American Psychological Association. Additionally, Purdue University's writing center website has a freely available tips for APA writing (<https://owl.english.purdue.edu/owl/resource/560/01/>)

Judging:

Essays will be judged based on style and content (opening and closing paragraphs, clarity of expression, logic, and references). A copy of the judge's score sheet is enclosed. Three to five professionals shall serve as judges. All essays will be sent to judges for evaluation. Names of author (cover sheet) will be removed, and each paper assigned a number. Judges will score contestants as noted in these guidelines and return score sheets to the Junior MANRRS Program Leader for final ranking.

Scoring/Ranking:

Each judge will rank the essays in numerical order (i.e., 1 = first place, 2 = second place...). In case of a tie in the ranking, the contestant who has the highest grand total shall be rated higher. The winners will be announced at the Awards Ceremony during the Junior MANRRS Leadership Institute.

Junior MANRRS Written Essay Contest Judge's Score Sheet

Contestant's Name: _____

Maximum Points

Content Related to Topic	(10 Points)	_____
Style	(10 Points)	_____
Opening Paragraph	(10 Points)	_____
Organization and Logic	(30 Points)	_____
Clarity of Expression	(30 Points)	_____
Use of References	(10 Points)	_____

Total Points (100 Points) _____

Rank of Contestant _____

Junior MANRRS Leadership Institute Essay Contest Explanation of Point System

1. Content related to topic includes the appropriateness of the essay's content to the topic selected and the extent to which the author addressed the topic selected. **(10 points)**
2. Style includes the adherence to the rules of style listed in the Rules for Essay Preparation and Submission. **(10 points)**
3. Opening paragraph includes how well the opening catches the attention of the reader and how it leads into the body of the essay. **(10 points)**
4. Organization and logic includes the organization of the content, unity of thought, logical development, language used, sentence structure, accomplishment of purpose/conclusions, and material related to subtopic. **(30 points)**
5. Clarity of expression includes the clarity and conciseness of writing; conveyance of thought and meaning; the extent to which the essay was interesting, understandable, convincing, enjoyable, and held the reader's attention. **(30 points)**
6. Use of references includes the importance and appropriateness of the references, suitability of the material used, and the accuracy of the statements included. **(10 points)**

JUDGE'S COMMENTS:

Public Speaking Contest

What is a Public Speaking Contest?

The Public Speaking Contest is a contest that gives Junior MANRRS students the opportunity to gain experience in expressing themselves orally before an audience. To enter the Public Speaking Contest students must:

- Be in middle school or high school.
- Attend the in-person conference.
- Have the conference themed highlighted throughout the speech.

Requirements:

The contestant will introduce the speech by title only. Contestants will be penalized 5 points per minute, or any fraction thereof, for speaking over 5-minutes. Time commences when the speaker begins talking. The total time allotted for the speech and questions shall not exceed 8 minutes.

Eligibility:

Any 12–18-year-old student may participate in the Public Speaking Contest. Register for the contest by November 15, 2022. Three winners will be selected and will place 1st and will be awarded \$75, 2nd will be awarded \$50, & 3rd will be awarded \$25.

Public Speaking Contest Topic: “Cultivate, Collaborate, & Motivate: Igniting Change in Agriculture, Natural Resources, and Related Sciences

Application Procedures:

All speeches must pertain to the conference them: **“Cultivate, Collaborate, & Motivate: Igniting Change in Agriculture, Natural Resources, and Related Sciences”**. A complete and accurate references must be submitted along with the speech. Entries must be RECEIVED by 11:59 PM EST on November 15, 2022. A completed cover sheet must accompany the entry. The cover sheets must include the advisor’s signature and online submission is required, and participants will be notified via email upon receipt of their submission.

Submission Link:

https://uky.az1.qualtrics.com/jfe/form/SV_cCTeyHDA5uetjee

Guidelines for Judging the Junior MANRRS Public Speaking Contest

Time Limit:

Each speech shall be limited to **five minutes**, and three minutes will be allotted for questions from the judges.

The room host shall introduce the contestants by name and institution. The contestant will introduce the speech by title only. Contestants will be penalized 2 points per minute, or any fraction thereof, for speaking over 5 minutes. Time commences when the speaker begins talking. The total time allotted for the speech and questions shall not exceed 8 minutes.

Procedures for Scoring/Ranking of Contestants:

When all contestants have finished speaking, each judge, without consultation, will total the scores and provide a ranking (1 = first place, 2 = second place). The scores then will be given to the Junior MANRRS Program coordinator, who will consult the timekeepers' records, to determine the final ranking of the contestants. In the case of a tie, the contestant, who has the highest grandtotal, shall be rated higher.

Winner Selection Method:

- Judging will be conducted at the Junior MANRRS Leadership Institute by judges.
- Attendance shall be open to the general body. No individual may enter or leave the room during a presentation.
- Contestants shall draw for the order of presentation. A contestant shall be permitted to use notes while speaking, but if this practice detracts from the effectiveness of the presentation, deductions in the score may be made.
- Contestants shall be seated outside of the room, until they are called upon to present. Two timekeepers shall be designated to record the length of the presentation.
- Judges will score the contestants on the delivery of their speeches.
- Individuals from the contestants' schools will not be allowed to ask questions or judge the contestants. Judges from the same chapter as the contestants will not be allowed to score or ask questions of contestants from their region.
- Each contestant shall be scored based on his/her ability to respond to the questions and the perceived quality of the response.

The winner will be invited to present his/her speech, during the awards ceremony on Saturday.

Junior MANRRS Public Speaking Contest Point System

EXPLANATION OF POINT SYSTEM FOR PUBLIC SPEAKING CONTEST:

- 1. Power of expression** includes: fluency, emphasis, directness, sincerity, communicative ability, conveyance of thought and meaning. **(30 points)**
- 2. Voice** includes: quality, pitch, articulation, pronunciation, force. **(10 points)**
- 3. Stage presence** includes: personal appearance, poise and body posture, attitude, confidence, personality, and ease before the audience. **(30 points)**
- 4. General effect** includes: extent to which the speech was interesting, understandable, convincing, pleasing, and held the attention of the audience; and provided evidence of purpose. **(15 points)**
- 5. Response to questions** includes: ability to answer the questions* related to the speech, which are asked **only** by the judges indicating originality, familiarity with subject, and ability to think quickly. **(15 points)**

****NOTE: Judges will meet prior to the contest to prepare and clarify the types of questions to be asked.***

Judge's Score Sheet

Contestant's Name: _____

Written Presentation

Content related to topic	(10 points)	
Style	(10 points)	_____
Opening paragraph	(10 points)	_____
Organization and logic	(30 points)	_____
Clarity of expression	(30 points)	_____
Use of references	(10 points)	_____
TOTAL POINTS(100points)		_____

Rank of contestant _____

Oral Presentation

Power of expression	(30 points)	
Voice	(10 points)	_____
Stage presence	(30 points)	_____
General effect	(15 points)	_____
Response to questions	(15 points)	_____
TOTAL POINTS (100 points)		_____

* Deduction for exceeding time limit _____

TOTAL POINTS _____

CUMULATIVE POINTS (200 POINTS) _____

RANK OF CONTESTANT _____

JUDGE'S COMMENTS:

****TIME PENALTY - 2 POINTS WILL BE DEDUCTED FOR EACH MINUTE, OR
FRACTION THEREOF, OVER THE TIME LIMIT***

Impromptu Speaking Contest

What is an Impromptu Speaking Contest?

The Impromptu Speaking Contest is designed to develop the ability of our middle and high school members to express themselves on a given subject without having prepared or rehearsed its content in advance. This gives the Junior MANRRS members an opportunity to formulate their remarks for presentation in a very limited amount of time. The contest requires students to “think on their feet,” state their case quickly and persuasively, and to be able to answer relevant questions based upon their presentation. To enter the Impromptu Speaking Contest, the member must:

- Be in middle school or high school.
- Attend the in-person conference.
- Have the conference themed highlighted throughout the speech.

Eligibility:

Any 12–18-year-old student may participate in the Impromptu Speaking Contest. Register for the contest by November 15, 2022. Three winners will be selected and will place 1st and will be awarded \$75, 2nd will be awarded \$50, & 3rd will be awarded \$25.

Conference Theme: “Cultivate, Collaborate, & Motivate: Igniting Change in Agriculture, Natural Resources, and Related Sciences”.

General Rules:

A. Each contestant's written production will be the result of his/her own efforts. It is expected that he/she will take advantage of all available resources in developing speaking and writing abilities. Facts and working data may be secured from any source.

B. Violations of any of the rules will result in the disqualification of the contestant by the Junior MANRRS Program Coordinator.

Subjects:

A. The selection of topics shall be held before the contest. The contestant will draw one specific topic relating to MANRRS and the industry of agriculture or its related sciences. After selecting the topic, on which he/she desires to speak, all three topics will be returned to the original group of topic areas, prior to the next drawing.

B. Topics should be specific and related to current issues pertaining to MANRRS and the industry of agriculture or its related sciences. They will be typed on cards. Topics will be generic in nature. All topics will be developed by the Junior MANRRS Program coordinator.

C. Contestants will draw to determine the order of speaking. Contestants will be admitted to the preparation room in 5-minute intervals and given exactly 10 minutes for topic selection and preparation.

D. Each speech shall be the result of the contestant's own effort using approved reference material, which the contestant may bring to the preparation room. No other assistance may be provided. Uniform note cards will be provided to each contestant. Any notes for speaking must be made during the 10-minute preparation period. A watch may be used by the speaker to keep record of their time.

E. A list of all possible topics will be given to and reviewed by the judges prior to the beginning of the contest.

Time Limit:

A. Each speech shall not be less than two or more than four minutes with two minutes' additional time allowed for related questions, which shall be asked by the judges. The room host of the contest shall introduce the contestant by name and the contestant may introduce his/her speech by title only. Contestants are to be penalized one point per second on each judge's score sheet for being over four minutes or under two minutes. Time commences when the speaker begins talking.

B. During the question phase, time will be called at exactly three minutes, whether or not the contestant is finished with their answer, or a judge is asking a question.

Winner Selection Method

A. Contestants shall draw for places on the program. The room host shall then introduce each speaker by name only in order of the drawing. A contestant will be permitted to use notes while speaking, but deduction in scoring may be made for this practice if it detracts from the effectiveness of the preparation.

B. A timekeeper shall be designated who will record the time used by each contestant in delivering his/her speech, and noting overtime, if any, for which deductions will be made.

C. At the time of the contest, the judges will be seated in the front of the room in which the contest is held. They will score each contestant upon the delivery of the production, using the score sheet provided.

D. Each judge shall formulate and ask a question. Questions shall pertain directly to the speaker's subject. Questions containing two or more parts should be avoided. Judges will score each contestant on the ability to answer all questions asked by all judges.

E. When all contestants have finished speaking, each judge will total the score for each contestant. The timekeeper's record will be used in computing the final score for each contestant.

F. Each judge will rank the essays in numerical order (i.e., 1 = first place, 2 = second place...). In case of a tie in the ranking, the contestant who has the highest grand total shall be rated higher. The winners will be announced at the Awards Ceremony during the Junior MANRRS Leadership Institute.

IMPROMPTU SPEAKING CONTEST

Judge's Score Sheet

JUDGE'S SCORESHEET: Name: _____

Date: _____

ITEMS TO BE SCORED		SPEAKERS									
		#1	#2	#3	#4	#5	#6	#7	#8	#9	#10
A. Knowledge of Subject	20										
B. Organization of Material	10										
C. Power of Expression	20										
D. Voice	10										
E Stage Presence	10										
F. General Effect	10										
G. Response to Questions	20										
TOTAL POINTS: 100											
LESS TIME 1 PT. I DEDUCTIONS SECOND											
TOTAL SCORE: (NET)											
RANKING:											

Quiz Bowl Contest

What is a Quiz Bowl Contest?

The Quiz Bowl Contest is a competition that gives Junior MANRRS members an opportunity to show their knowledge of what MANRRS has to offer students, the organizational history of MANRRS History, and a variety of topics with relating to agriculture, natural resources, and related sciences. The Quiz Bowl Contest is held to increase and further encourage State pride and support of Chapters within counties, along with friendly competition. To enter the Quiz Bowl Contest, the member must:

- Be in middle school or high school.
- Attend the in-person conference.

Requirements:

Teams must consist of 4 students + 1 alternates (optional). One team member will be designated the captain; Chapters designate who will serve in this capacity. Questions will be sent to the Junior MANRRS teams two weeks prior to the Leadership Institute.

Eligibility:

Any Junior MANRRS member is eligible to participate on a team. Each team member on the winning team will be awarded \$10 per team member.

Junior MANRRS Contest Application Procedure

1. An advisor must approve all entries prior to submitting.
2. Electronic submission is required for **ALL** contests.
Please submit all entries online to:
3. All entries must be RECEIVED by 11:59 PM EST November 15, 2022. Late entries will not be accepted. Participants will be notified of receipt of their items by November 18, 2022.

Any Questions?

Junior MANRRS Program Coordinator

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